

the

PATROL

ballina lighthouse & lismore slsc



POST

**BALLINA LIGHTHOUSE & LISMORE
SURF LIFE SAVING CLUB INC.**

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1st March 2010

Annual Doorknock – We Need Everyone’s Help!

For the benefit of our newer members, some explanation on the importance of our annual doorknock.

There is a considerable effort behind the scenes to keep our surf club functioning. Last year the cost of repairs, maintenance, new/replacement equipment, insurances, training & education, etc was over the \$50,000 mark. Of course our core function is keeping our volunteer life savers on the beach (with the appropriate gear and training), with lots of other important activities generated from there. **All our members are keen to see new clubhouse facilities come to fruition, so again some major fundraising efforts are a key component of this project.**

Where do we get this money?

Basically, we raise it ourselves through, grants, sponsorship and fundraising!

Why we need everyone’s help!

Our annual doorknock is a major source of funding. This is something that every member can participate in. In fact, if one member from every family could make themselves available for 2 or 3 hours on our Doorknock Day, we will be able to cover all of Ballina. Our community is very supportive of the work we do, we just need the members to knock on their door!

How? (No experience necessary)

On Saturday 27th March simply turn up at Shelley Beach Clubhouse at 9am. We’ll give you a map (marked with your collection area), a receipt book, identification (if you are a patrolling member, wear your patrol gear) and team you up with some other volunteer collectors. If we have many helpers, collecting should only take 2 or 3 hours – or whatever time you can give. (Hat, sun protection, comfortable walking shoes and water bottle are recommended). Head back to Shelley Beach Clubhouse when you are done and the proceeds will be counted ready for banking. We’ll have a cold drink and BBQ waiting for you.

If you can commit to helping out on the day please let us know. Do this via to Sharon, Club Secretary at rodbalkin@bigpond.com.au or phone Sharon on 02 6686 2011 (after hours).





END OF SEASON BBQ.... Last Patrol

Club Captain Andrew Dougherty is keen to see all our patrolling members and their families join him from **3pm on Monday 26th April** (Anzac Day long weekend – last patrol) at Lighthouse Beach for an end of season BBQ. The club will provide the BBQ – just BYO drinks.

SLSC Handicap swim Sunday 21st Feb.

Well we are at week 14 and participation has been great - we are now getting down to the business end of the season with **six swims remaining**.

Swimmers were met with some very challenging conditions today - with a very heavy swell of at least 2m breaking hard onto the outside sandbank. Inside was O.K going with some deep water to get over - but once near the can you had to have a bit of breath left over.

The top four placegetters for the day were:

Ian Zilm (Will have to pile on a bit more of a handicap)
Jay Meaney (Same for him)
Paul Mossberger (Up for the challenge)
Eoin Johnston (Put in a mighty swim - took the long journey with the buoys not easily identified once out the back)

Special thanks to Rob McArthur who was a big help in the duck - setting the cans / water safety etc (Good fun in the big surf isn't it Rob) AND - Damian McDonald who chipped in to man the patrol while the race was on. (Thanks Heaps).

The top 5 point Scores after 14 swims:

1. Eoin Johnston - 64
1. Kim Wilson - 64
2. Raz Burtonwood - 61
2. Geoff Marshall - 61
3. Paul Mossberger - 56
5. Jeremy Cape - 36
Well done to all participants.

Same start time - Register 8.45am - Swim 9.00am.

**Andrew Dougherty,
Club Captain**



TRAINING & EDUCATION

We had a large contingent attend our information session for the next bronze medallion and Surf Rescue Certificate (SRC) course tonight. Anyone who couldn't make it and still wishes to join the course, please contact me asap via email to rodbalkin@bigpond.com.au or via mobile phone 0414 86 2011.

**Rod Balkin,
Chief Instructor**

BRANCH TITLES held at Lennox Head – 14/2/2010

Well done to Senior Competitors Neil Boardman, Will Keane and Club Captain, Andrew Dougherty for representing the Club at the Branch Titles.

Neil Boardman – Did not need much encouragement to have a go at a couple of beach events. While knocked out in the first round of the flags the beach sprint proved to suit him a bit better – just missing out on the points in the final. (Has now been inspired to go into some serious off-season training - how were the legs Neil ?)

Will Keane – In the open ski Will finished a credible fourth behind some pretty fit paddlers. While Will is more than capable of mixing it with the younger competitors – a larger surf would have suited his style a bit better (Sorts out the men from the boys – hey Will).

Andrew Dougherty – Had a shot at a few events and was unlucky not to have a couple of first placings – finishing third in the Masters Surf Race , Second in the Masters rescue tube (after dropping the tube and losing 15m on other competitors), and fourth in the board & beach flags. The Masters ski was in his grasp but after leading the race his rudder got caught on the swim cans on the way back in. (excuses – excuses)

With Branch (Evans) and State (Cudgen) titles staying close to Ballina/North Coast next year – we will be putting together a competition calendar and looking to get a winter training program - swim/ski/board/boat - going for those interested.

We also had a large contingent of our nippers who represented the club, many winning medals. Will publish the full results next newsletter – The Editor.

**Keep up-to-date - the latest surf lifesaving news
and circulars are available on the SLS NSW Web Site
www.surflifesaving.com.au**



Team required for the Emergency Services Charity Squash Tournament at Ballina

Gary Murphy is keen to see the Club enter a team in the Inaugural Emergency Services Charity Squash Tournament on **Sunday the 14th of March** at Ballina Squash Courts. A team of three is needed, the event aim being to raise awareness of the organisations that participate and also will raise money exclusively for the children whose parents drowned at South Ballina earlier this year.

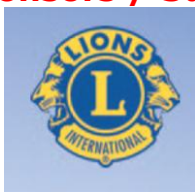
Matches will consist of 1 game to 21 points. The winner of each round will be the team that wins 2 out of the 3 matches. In the lead up to the event, our club members will receive a 50% discount on court hire. Free coaching is available. Participants will be able to purchase squash rackets and shoes at cost price from Ballina Squash Centre in the lead up to the event (rackets are also available for hire). Anyone interested should contact Gary Murphy (who will co-ordinate our entries) on mobile number 0407066450 **as soon as possible.**

Our Sponsors & Supporters

Thanks to Craig Howlett and the staff at Westpac Lismore for sponsoring the cost of the major renovation to our patrol shelter this season. Also thanks to Peter Carmont at the Professionals Real Estate Ballina who has again supported our Club assisting with the purchase of Surf Rescue Rash Shirts for our proficient IRB Drivers & IRB Crew members. These are being distributed presently.

We were also successful in receiving funding for the purchase of new patrol hats. These are also being distributed during patrol. Just a reminder, please let Club Captain Andrew Dougherty know if you haven't yet received a new patrol uniform. All members should have (by now) received one, although if you have missed out, let Andrew know.

Major Sponsors / Supporters



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Ballina RSL Club
Ballina on Richmond Rotary Club
Ballina Rotary Club
East Ballina Lions Club
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NEXT NEWSLETTER.... Junior Carnival results ..anyone with photos I can publish in the newsletter or annual report.... please email them through to rodbalkin@bigpond.com.au